

# Area 46, District 4 October 2020 Newsletter



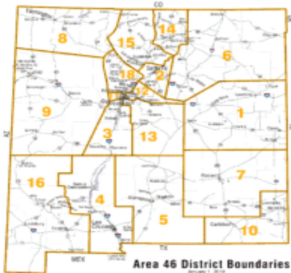
COVID 19 Virus changes the way we meet  
The District web site <http://www.nmdistrict4aa.com> has the latest ZOOM meeting group links.  
District meetings are beginning to open

For latest Area 46 up dates go to Area website <http://wwwnm-aa.org>

**GSO is still closed all staff are working from home!**

AA is fully self supported by it's membership. GSO research shows that if every member donated \$9.00 a year it would not be dependant on literature sales. Bring this to your groups. It is our responsibility to keep the message flowing.

## District 4 to host the September 2021 Area 46 Assembly Yes this is a year away. So, why mention this now?



This is a large event that draws AA's from Area 46. The planning and execution will take a focused effort. The Area helps with \$2000 in seed money but this has not been, in the past, nearly enough to not only feed the hundreds of people (lunch and snacks are provided for 2 days) but supply a large enough venue, have coffee and water always available, and all the little things that make up an event like this.

The last district meeting raised the question of creating a budget line item that would hold in reserve another \$2000 to cover any extra expenses. No vote was taken at the time and we are asking all the groups to weigh in on this important question. And remember that just because the money is there, it does not have to be spent. This is a cushion that ensures an excellent Assembly. This is a voting assembly where the Area elects the trusted servants for the next rotation. Your input, support, and participation are needed.

## AA DISTRICT 4 PRESENTS: SAFETY WORKSHOP Sunday, October 25<sup>th</sup>, 12–1:30pm

Via zoom:

<https://us02web.zoom.us/j/89259334831?pwd=UnpmYlpZa2FhTmFqK3QzOUV0aHhkdz09>

Topics include:

- How did this topic of "safety" in AA come about?
  - What's the yellow card?
  - What's "zoom bombing" and what actions can my group take to prevent it?
  - What is "religious safety"?
- ... and much more!

"Many of us felt that we had plenty of character. There was a tremendous urge to cease forever. Yet we found it impossible. This is the baffling feature of alcoholism as we know it – this utter inability to leave it alone, no matter how great the necessity or the wish."  
- Bill W.

### Humility

On his desk, Dr. Bob had a plaque defining humility: "Perpetual quietness of heart. It is to have no trouble. It is never to be fretted or vexed, irritable or sore; to wonder at nothing that is done to me, to feel nothing done against me. It is to be at rest when nobody praises me, and when I am blamed or despised, it is to have a blessed home in myself where I can go in and shut the door and kneel to my Father in secret and be at peace, as in a sea of calmness, when all around and about is seeming trouble."