

# Area 46, District 4

## July 2020 Newsletter



### COVID 19 Virus changes the way we meet

The District web site <http://www.nmdistrict4aa.com> has the latest ZOOM meeting group links.

### District meetings are beginning to open

*Below listed meetings reported by GSR's present at District meeting)*

The Arid Club is open with social distancing in effect. NM requires us to wear a mask.  
AA & Meditation (4:30 Sunday) is held outside Holy Cross Retreat Center. Bring your own lawn chair.  
Beginners (7:00 am 7 days) Arid Club and Zoom  
Brown Baggers (12:00 7 days) Arid Club and Zoom  
Downtown all meetings Zoom only  
Happy Hour Arid Club (5:30)  
Ladies Night Zoom only  
Las Mujeres (closed meeting) Zoom only  
Los Mesilleros Zoom only  
Men's Stag Zoom and Parking lot  
MHV On hold  
Six O'clock solutions Zoom only  
Sober at Sunrise In person and Zoom  
T or C In person  
Men's Stag (7:30 pm Monday) 10990 Bataan Memorial Hwy. Parking lot meeting  
Sober at Sunrise (7:00 am 7 days) 2511 Chaparral. Live and Zoom

For latest up dates go to Area website <http://www.nmdistrict4aa.com>

Is sobriety all that we are to expect of a spiritual awakening? No, sobriety is only a bare beginning; it is only the first gift of the first awakening. If more gifts are to be received, our awakening has to go on. As it does go on, we find that bit by bit we can discard the old life - the one that did not work - for a new life that can and does work under any conditions whatever.

Bill W.

Dr. Bob's statement on his desk about Humility

Humility is;

"Perpetual quietness of heart. It is to have no trouble. It is never to be fretted or vexed, irritable or sore; to wonder at nothing that is done to me, to feel nothing done against me.

"It is to be at rest when nobody praises me, and when I am blamed or despised, it is to have a blessed home in myself where I can go in and shut the door and pray to my Father in secret and be at peace, as in a deep sea of calmness, when all around and about is seeming trouble."

Dr Bob, a co-founder of Alcoholics Anonymous.

# Step, Tradition, and Concept of the Month

Step Seven	Tradition Seven	Concept Seven
<p><i>“Humbly asked Him to remove our shortcomings.”</i></p> <p>SINCE this Step so specifically concerns itself with humility, we should pause here to consider what humility is and what the practice of it can mean to us. Indeed, the attainment of greater humility is the foundation principle of each of A.A.’s Twelve Steps. For without some degree of humility, no alcoholic can stay sober at all. Nearly all A.A.’s have found, too, that unless they develop much more of this precious quality than may be required just for sobriety, they still haven’t much chance of becoming truly happy. Without it, they cannot live to much useful purpose, or, in adversity, be able to summon the faith that can meet any emergency.</p> <p>Humility, as a word and as an ideal, has a very bad time of it in our world. Not only is the idea misunderstood; the word itself is often intensely disliked. Many people haven’t even a nodding acquaintance with humility as a way of life. Much of the everyday talk we hear, and a great deal of what we read, highlights man’s pride in his own achievements.</p>	<p><i>“Every A.A. group ought to be fully self-supporting, declining outside contributions.”</i></p> <p>SELF-SUPPORTING alcoholics? Who ever heard of such a thing? Yet we find that’s what we have to be. This principle is telling evidence of the profound change that A.A. has wrought in all of us. Everybody knows that active alcoholics scream that they have no troubles money can’t cure. Always, we’ve had our hands out. Time out of mind we’ve been dependent upon somebody, usually money-wise. When a society composed entirely of alcoholics says it’s going to pay its bills, that’s really news.</p> <p>Probably no A.A. Tradition had the labor pains this one did. In early times, we were all broke. When you add to this the habitual supposition that people ought to give money to alcoholics trying to stay sober, it can be understood why we thought we deserved a pile of folding money. What great things A.A. would be able to do with it! But oddly enough, people who had money thought otherwise. They figured that it was high time we now—sober—paid our own way. So our Fellowship stayed poor because it had to.</p>	<p>The Conference recognizes that the Charter and the Bylaws of the General Service Board are legal instruments: that the Trustees are thereby fully empowered to manage and conduct all of the world service affairs of Alcoholics Anonymous. It is further understood that the Conference Charter itself is not a legal document: that it relies instead upon the force of tradition and the power of the A.A. purse for its final effectiveness.</p>

## Arid Club Speaker Meetings

## Calendar of Birthdays

<p>Saturday speaker meetings are now on Zoom 10:30am (<a href="http://www.nmdistrict4aa.com">http://www.nmdistrict4aa.com</a>)</p> <p>7/4 Teresa V. 7/11 Liz 7/18 Jane 7/25 Brian D. 8/1 Richard T. from T or C</p>		<p>Barbara A. June 21 20 yrs (sorry I missed last month) Mike K July 1 5 yrs. Athena July 4 8 yrs.</p>
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## Grapevine and La Viña are here to help

Due to the current changing health situation, many AA meetings across the U.S. and Canada are finding it safer to close. To help members during this time, we are giving everyone [free access](#) to all of our 2020 Grapevine and La Viña issues. (The audio to Grapevine stories will be available as well, so people can listen to the stories if they like.) Please share with your fellows. We have also included a link to our You tube channel with some original audio stories as well as other important information.

To enter, visit:

[www.aagrapevine.org/we-are-here-to-help](http://www.aagrapevine.org/we-are-here-to-help)